# Soup

# **Turkey Noodle Soup**

Looking for the perfect soup to warm your bones on a chilly winter day? Need to figure out a way to use up all that leftover turkey? Feeling a bit under the weather and soup is what the doctor ordered? Well look no further; this soup is the one for you!

## You'll Need

- Bones from a roasted turkey
- 7 cups water
- 1 bay leaf
- 2 stalks celery, chopped (separated)
- 1 onion, quartered
- ¼ cup broken noodles, 1/2 inch pieces
- 1 carrot, chopped
- 3 green onions, chopped
- 1/3 cup grated zucchini
- 1 teaspoon dried basil
- 1 teaspoon dried thyme
- 1 dash hot sauce
- Salt to taste
- Pepper to taste

### Directions

- Stock
  - In stockpot or large saucepan, combine bones, water, bay leaf, one of the chopped celery stalks, and onion.
  - o Skin and drippings may be included, if desired.
  - o Simmer, covered about 4 hours.
  - o Strain, reserving stock.
  - o Let bones cool, pick out any meat and add to the stock.
- Soup
  - In stockpot or saucepan, bring stock to boil; add noodles and simmer for 5 minutes.
  - o Add celery, carrot, green onions, zucchini, basil and thyme.
  - o Simmer for 10 minutes.
  - o Stir in hot pepper sauce, season with salt and pepper to taste.

### **Play with Your Food**

- Use chicken instead of turkey
- Switch up the vegetables

