

# Breakfast

## Cheesy Vegetable Strata

*\*Vegetarian*

Looking for a perfect meal for a main dish at a brunch? This is the one for you. This meal will need to be prepared the night before. Complement it with a fresh fruit salad.

### You'll Need

- 8 slices bread
- 1 Bag (16 ounces) frozen broccoli, green beans, red peppers (or other combination) Thawed and drained.
- 2 cups shredded sharp cheddar cheese
- 8 large eggs
- 4 cups milk
- 1 teaspoon salt
- 1 teaspoon ground mustard
- 1/4 teaspoon pepper
- 1/4 teaspoon ground red pepper (cayenne)



### Directions

- Cut bread slices diagonally into 4 triangles.
- Arrange half of the bread slices in ungreased pan 13 x 9 x 2 inches
- Top with vegetables, sprinkle with cheese, top with remaining bread.
- Beat remaining ingredients, until blended. Pour evenly over bread, cover and refrigerate overnight.
- Heat oven at 350. Cover and bake 30 minutes. Uncover and bake about 45 minutes. Let stand 10 minutes before cutting.

### Play With Your Food

- Try recipe with fresh veggies of choice
- Try recipe with a different type of cheese

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