



MEDWELL MEALS FOR THE WEEK

MONDAY



Best Potatoes on the Planet

Throw some chicken and veggies on the grill and complement it with these mashed potatoes. This meal comes together quite easy and is always a crowd pleaser. [Click here for the recipe.](#)

TUESDAY



Mushroom and Onion Quiche

Make the pie dough for this recipe and use one for the quiche you plan to have for dinner and freeze the other crust to use for a quiche or pie later on. [Click here for the recipe.](#)

WEDNESDAY



Baba Ganoush (Roasted Eggplant Dip)

Consider grilling something tonight and while the grill is on, throw on the eggplant to slightly burn the skins of the eggplant for the Baba Ganoush. Enjoy some of the dip for dinner and then enjoy for lunch with some pita and a salad. [Click here for the recipe.](#)

THURSDAY



Marinated Mushrooms

If you have time, try chopping the mushrooms before you head to work. Try to cook in stages. Chop what you can when you can and then when you get home dinner is already started. Enjoy these mushrooms with some crusty bread, a salad, and some sliced cheeses.

[Click here for the recipe.](#)

FRIDAY



Greek Lamb and Orzo

It's Friday! It's time to enjoy a good meal and some fine wine. This recipe has 5 stars written all over it, but it's simple enough to make in your own home. [Click here for the recipe.](#)