



AUGUST

Safety Outside Keeping The "Great Outdoors" ...GREAT!!



Checklist For A "Great Outdoor" Adventure

- THINK first aid kit, and any meds you might need
- For hiking, make sure you have enough water with you
- For cooking, keep raw meats well separated from veggies
- For your skin, make sure to carry sun screen
- And nothing is wrong with avoiding the critters and weather (rent a cabin)