



MEDWELL MEALS FOR THE WEEK

MONDAY



Turkey Avocado Burrito

This easy recipe is a great way to utilize leftover cooked turkey or chicken. You can also use deli slices if that's your only option. And there is no need for the oven on this one. It makes for a great portable lunch as well. To prevent the wrap from getting soggy, add the fixings right before serving. [Click here for the recipe.](#)

TUESDAY



Crockpot Chicken Cacciatore

It's a busy week, but there is no need to compromise on a great tasting meal. Travel to Italy through a special and easy to prepare meal. Let the slow cooker do the work! A glass of white wine and a salad are the perfect complement. [Click here for the recipe.](#)

WEDNESDAY



Egg Salad

Getting home late? Are there are not many options for tonight's dinner because you need to head to the grocery store? Well if you have some eggs and lemon juice, you've got a meal. The lemon juice in this egg salad is the secret ingredient. Enjoy on some bread with a nice crisp salad. [Click here for the recipe.](#)

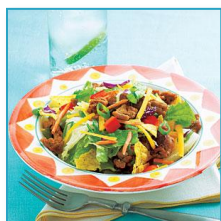
THURSDAY



Tomato Arugula Salad

You're enjoying the long summer days and especially the benefit of being able to grill more often. Throw some fish or chicken on the grill tonight, and complement it with this refreshing tomato arugula salad. [Click here for the recipe.](#)

FRIDAY



It's Taco Salad Time

It's Friday, and the great thing about this meal is it's quick, easy, and creates a party feel. So host a taco salad bar party. Lay out the toppings and let people create their own. [Click here for the recipe.](#)