



This July

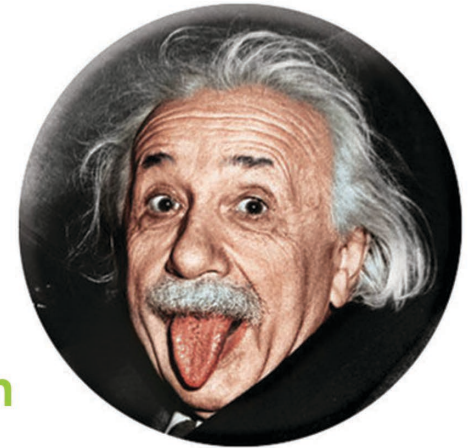
Stay Cool in the Heat



It Doesn't Take A STROKE Of Genius To Recognize Heat Stroke

How Do You Know If You Have Heat Stroke?

- Headaches
- Dizziness
- Lack of Sweating
- Confusion
- Nausea



What Would An Einstein Do About It?

Cool the person with

1. Water Bath
2. Ice Pack
3. A fan while dousing with cool water