



WEEK ONE - JULY



This July

Stay Cool in the Heat

Law of Halves

Wearing hats or sunglasses at least HALF of the time reduced the risk of developing deposits on the retina by HALF.

This Summer, The Eyes Have It (protection, that is)

Too much sun in your eyes, leads to age-related macular degeneration

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In other words, you won't be able to SEE.

