



Grilling Season Begins In June

Let the Flames Begin!



How To Reduce Cancer Risk At “The Barbie”

Increase Risk

- Charred Meats
- Grilling with sugary BBQ sauces
- Smoke from fatty drippings
- Marinade in sugary sauce

Solution?

- Cook them low and slow
- Apply those AFTER cooking
- Prevent drippings from flaring up
- Vinegar-base marinade

