



# MEDWELL MEALS FOR THE WEEK

## MONDAY



### Honey Mustard Chicken Marinade

On Sunday night, take out the chicken and let it marinate all day while you are at work on Monday. Then when you come home, all you have to do is throw the chicken on the grill and create a side. Nice and easy ... just the way we like it! [Click here for the recipe.](#)

## TUESDAY



### Guacamole

Avocado is so good for you and so tasty too! Enjoy this guacamole on top of a taco salad, as a side, or as condiment on a chicken and tomato sandwich. [Click here for the recipe.](#)

## WEDNESDAY



### Sausage Patties

There is nothing better than homemade sausage! Enjoy this dish with some onions, peppers, and sauerkraut. [Click here for the recipe.](#)

## THURSDAY



### Greek Salad

Time for something refreshing! And what is more refreshing than a salad with fresh ingredients on it? [Click here for the recipe.](#)

## FRIDAY



### Chicken and Tomatoes

It's Friday!! Time for a great meal to kick off the weekend right! Enjoy this chicken dish and enjoy the leftovers for lunch on Saturday. [Click here for the recipe.](#)