

# Breakfast

## Make Ahead French Toast

*\*Vegetarian*

Looking for a dish to be a complement for a special brunch? This is the one for you. This meal will need to be prepared the night before so plan accordingly.

### You'll Need

- 12 eggs
- 2 cups milk
- 1 teaspoon lemon rind
- 1 teaspoon sugar
- 1 teaspoon vanilla
- 1/2 teaspoon salt
- 1/4 teaspoon cinnamon
- 8 slices of bread, cut on the diagonal



### Directions

- Grease 9 x 13" shallow baking dish; set aside.
- In large bowl, beat together all ingredients except bread.
- Arrange bread slices in baking dish so they overlap. Pour egg mixture over the bread. Cover and refrigerate overnight.
- When ready to serve, preheat oven to 350 degrees. Bake for 30 to 35 minutes, until golden and fluffy. Serve with syrup or jam.

### Play With Your Food

- Add some fresh fruit to the French toast when it's finished.
- Try adding a pinch of nutmeg

Medwell Kitchen Tested