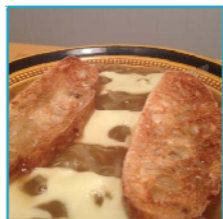




MEDWELL MEALS FOR THE WEEK

MONDAY



Beer Infused French Onion Soup

Sounds fancy, but this version is quite easy. This French onion soup is a great way to warm yourself up on a chilly Monday. You can also substitute the beer with a non-alcoholic beer or chicken broth. [Click here for the recipe.](#)

TUESDAY



Roasted Broccoli with Pine Nuts and Parmesan

Busy night? Ready, set, roast! Consider picking up a roasted chicken on the way home and complementing it with this easy and flavorful broccoli dish. But if you have the time, consider roasting the chicken yourself too.

[Click here for the recipe.](#)

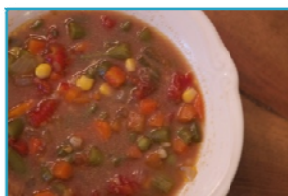
WEDNESDAY



Salmon with Dill Sauce

Dill is an herb that was created for salmon. This recipe goes well with some roasted potatoes and some lightly sautéed zucchini and onion slices. Enjoy with a nice glass of white wine. [Click here for the recipe.](#)

THURSDAY



Crockpot Beef Barley

Your personal chef is in and will be cooking you a nice pot of beef barley soup while you work away. Remember the good old crockpot just wants to lend a helping hand. Consider prepping the ingredients the night before and throwing them in the crockpot before you head to work. Then come home to the house smelling delightful. [Click here for the recipe.](#)

FRIDAY



Pizza Night

The weekend is here again! YA! Invite some friends over and make some homemade pizzas. Prep the pizza dough beforehand, and have out different toppings. Let everyone roll out and top their own pizza. This pizza dough recipe is easy to make and work with. [Click here for the recipe.](#)