

## Week 1: Accountability Card

This week is about controlling the candy. It's everywhere. First, start by making a plan for your home. And make sure to get the kids involved.

**Answer the questions below and before you know it, you will have strategies implemented to control the candy storm.**

<p>Buy just enough candy or better yet a non-candy treat to hand out. Have a good amount without having a ton of extra sitting around the house. What is the amount you will buy to make this happen?</p>	
<p>Go through the candy that your children bring home. Decide what they will keep and what will be removed from the house. What is this plan going to be based on?</p>	
<p>Create a plan on what you will do with the candy you are removing from the house. Indicate here what the plan will be.</p>	
<p>Plan on allowing your child or yourself to have only one candy per day (you and your children can go a day without candy, but if not allow this to be the max). Where will you place the candy so that it is out of site?</p>	

**What is one thing you plan on doing differently this year compared to last year in your home during the Halloween season?**