



Buy This and Say Bye-Bye to That Shopping for Meat

Buy	Bye-Bye
Grass fed beef	Grain fed beef
Antibiotic free chicken	Chicken that contains antibiotics
Pork products (such as bacon and sausage) that are free of nitrates and nitrites	Pork products that contain nitrates, nitrites and other additives and preservatives
Real meat products free of additives and preservatives.	Prepackaged, additive and preservative laden processed meat products such as chicken fingers, hot dogs, etc.